



**U.S. Department of Labor**  
**DICTIONARY OF OCCUPATIONAL TITLES (4th Ed., Rev. 1991)**  
**PROFESSIONAL AND KINDRED OCCUPATIONS\***

**HYPNOTIST / HYPNOTHERAPIST**

**DOL CODE: 079.157-010**

“Induces hypnotic state in client to increase motivation or alter behavior patterns: Consults with client to determine nature of problem. Prepares client to enter hypnotic state by explaining how hypnosis works and what client will experience.

Tests subject to determine degree of physical and emotional suggestibility.

Induces hypnotic state in client, using individualized methods and techniques of hypnosis based on interpretation of test results and analysis of client's problem.

May train client in self-hypnosis conditioning.”

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\*This designation includes occupations requiring extensive study or experience in professions, technical services, sciences, art, and related types of work. The preparation for these occupations (with certain exceptions, such as occur in art and literature) is typically acquired through university, college, and technical institute training; experience providing institute training; experience providing equivalent backgrounds; or some combination of these. The functions of these occupations are predominantly mental rather than manual. This designation includes only occupations which cross industrial designation lines or which by the nature of the jobs cannot be identified as belonging to any one industry. Occupations which are found in only one DOT industry are classified in that industry rather than here.

RE: <http://www.oalj.dol.gov/PUBLIC/DOT/REFERENCES/DOT01C.HTM>